

Mental Health Education Program

CHC43315 Certificate IV in Mental Health



Proud to be a Queensland Government
subsidised training provider



Learning and Assessment

CHC43315 Certificate IV in Mental Health

Learning

This program takes nine months with a tutorial and a study group on each of the major topics. Therefore, you will be live by video with your trainer twice a month.

Tutorials

There are live video conference sessions approximately a month apart, on pre-arranged dates. You are expected to attend all tutorials.

Study groups

A study group is a video conference discussion with trainer and colleagues focused on an assessment topic. You are expected to attend all tutorials.

Learning resources

Learning material has been written for workers within the sector with specific applied learning.

Pre-requisites

English skills

Learners must have a good command of English. There are a few short literacy and numeracy questions prior to final acceptance.

Digital skills

Learners need the digital skills to participate effectively. They must be able to use a word processing program, send emails, upload files, and log on to an online space.

Technology access

Video conferencing requires a computer equipped with camera, audio, internet access and reliable connectivity. Learners must have their own email address and access to a scanner.

Assessment

There are no examinations. The Assessments have a very practical focus, with two components:

Research and investigation

Questions, scenarios and case studies are completed at your own pace over a period of approximately a month after the tutorial on that topic. Sometimes you will have to investigate a topic in order to provide written answers. This provides evidence that you have the necessary underpinning knowledge.

Demonstrations

The focus of the course is learning to support the mental health and wellbeing of others, which is an intensely practical and personal skill. Therefore, most demonstrations place you in the role of a mental health worker and you talk to someone with an emotional wellbeing challenge.

Work arrangements

This course is best suited to community service and health workers who provide support for people affected by mental illness. These work arrangements must be in place to successfully complete this course.

Contact us:

For more information

P: 3123 4363

E: training@kci.edu.au

W: www.kci.edu.au

Content coverage

21st century approach to mental health



Contemporary mental health practice is becoming increasingly more grounded in positive psychology and there is a growing body of evidence to support this approach .

CHCMHS001 Work with people with mental health issues

Workplace fundamentals



There are legal, ethical and health and safety dimensions to working with people who have mental health issues.

CHCLEG001 Work legally and ethically

HLTWHS001 Participate in workplace health and safety

HLTWHS006 Manage personal stressors in the work environment

Clients at risk



People who have experienced illness, grief and loss, financial stress, trauma, and increasing social isolation can be at increased risk of anxiety based disorders and depression.

CHCMHS004 Work collaboratively with the care network and services

CHCMHS008 Promote and facilitate self-advocacy

Diversity and mental health



Australia is a nation of diverse cultures and this is reflected in the country's mental health landscape. It is important to understand the interaction between culture and healthcare, especially when working with Aboriginal and Torres Strait Islander people.

CHCDIV001 Work with diverse people

CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety

Risk of suicide



The most common condition associated with suicide is depression. We investigate how to recognise and respond to signs that a person may be considering suicide and provide strategies for working with the person which may help achieve safe outcomes.

CHCCCS003 Increase the safety of individuals at risk of suicide

Wellbeing of older people



Mental health is a positive concept related to a person's social and emotional wellbeing. This theme considers practical ways to promote wellbeing.

CHCMHS011 Assess and promote social, emotional and physical wellbeing

Recovery oriented practice



This approach regards recovery as a personal experience for the person with a mental health challenge, while the mental health worker is a facilitator and side-coach.

CHCMHS002 Establish self-directed recovery relationships

CHCMHS003 Provide recovery oriented mental health services

Brief interventions



Communication micro-skills can be learned and applied in virtually any work situation. They are especially useful when working with someone to help them adopt behaviours that benefit their health and wellbeing.

CHCCCS014 Provide brief interventions

Trauma informed care



Current evidence indicates that trauma is an almost universal experience of people with mental health issues. Response to trauma can get worse with time and also as people grow older because coping strategies don't work as well. We investigate a trauma informed approach to care.

CHCMHS007 Work effectively in trauma informed care

AOD and mental illness



Alcohol is a commonly misused drug in Australia and there is a risk of serious adverse reaction if a person is also taking medication. We focus on building the capacity to support people with co-existing mental health and alcohol and other drugs issues.

CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues

Queensland residents - Subsidised training

This mental health qualification is listed as a priority skill for Queensland residents.

Eligible participants pay a co-contribution fee of \$45 for the qualification

Queensland residents may be eligible for subsidised training under the Higher Level Skills program funded by the Queensland government, if they meet all the following criteria:

- Queensland resident
- Australian or NZ citizen, or Australian permanent resident
- Over fifteen years of age
- Do not hold any Certificate IV or higher qualification
- Not currently enrolled in any other qualification or university



People who hold or are named on a Health Care Card or a Pensioner Concession Card, people who are Aboriginal and/or Torres Strait Islanders, people with a disability are entitled to a concession.

The co-contribution fee for eligible learners is \$45 for the qualification (\$3 per unit).

The concessional co-contribution fee for eligible learners is \$15 for the qualification (\$1 per unit).

Credit transfer fees are exempt from the above charges.

Payment is required prior to commencing training and there are no other charges throughout the course.

Once learning materials have been issued the co-contribution fee is non-refundable.

Refer to www.desbt.qld.gov.au/training/providers/funded for further information about subsidised training.

Fees and General Conditions

Tuition fee

If a person does not meet the above eligibility criteria, fee for service (FFS) arrangements are available. Please contact us for further information.

Career pathways

This qualification could lead to further study in a Diploma of Mental Health, a Diploma of Community Service and other outcomes as guided by www.training.gov.au.

Credit transfer and RPL

Units that are also contained in other qualifications will be recognised for credit transfer. Learners are able to apply for recognition of prior learning.

Learner handbook

Full policies and procedures that apply to our programs are contained in the Learner Handbook. Please see our website for the most current copy. www.kci.edu.au.

Cancellation and refund (FFS)

If a learner who has paid the full tuition fee (FFS) cancels prior to the date of commencement of training, but after the initial payment installment, then there will be a refund of the full amount paid to that point, minus \$200 administration fee.

If a learner cancels after the date of commencement of training, then there is no refund of any amount paid in the first installment.

A learner may exit from this qualification at any time with a statement of attainment for all units of competency completed successfully up to that point, as long as all fees due to that point are paid.

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